



HR Updates, Initiatives, and Related Resources

Employee Appreciation Social: Please join us on Thursday, September 12 from 12-2pm on the Ochre Court Lawn. Visit with your colleagues and enjoy Newport Creamery ice cream, Del's Lemonade, fresh popcorn, music and yard games! We hope to see you there!



Tuition Exchange Program: Salve Regina University is a member of the Tuition Exchange Program (TEP), a non-profit organization which provides a method of allowing qualified dependents of full-time faculty and staff members (with at least three years of full-time service with the University) to apply for scholarships at other TEP colleges and universities. If you have a dependent child eligible for college in the Fall 2025, will have at least three years of full-time service at Salve Regina University, and are interested in this program, **please complete a preliminary TEP application form and return it to Human Resources by October 1, 2024.** Please note that dependents currently in the program and receiving a scholarship no longer need to complete a renewal application. (Employees may also access the list of participating schools by logging onto www.tuitionexchange.org). **New applications for dependents for the next academic year (2025/26) must be received in the Office of Human Resources by October 1, 2024.**

Ovia Health: Harvard Pilgrim has partnered with Ovia Health to support reproductive health, pregnancies, balancing life as a working parent and menopause. Ovia Health features three mobile apps: Ovia, Ovia Pregnancy, and Ovia Parenting. Each app offers access to daily, personalized articles and tips, instant analysis and feedback on your health data, mental health counselors, and more. Please [CLICK HERE](#) for additional information.

Employee Health Hub: Visit pgs. [5-7](#) to explore, engage, and embark on your health and wellness journey with us!

Upcoming HR Wellness Lunch & Learns: September is recognized as Suicide Prevention Awareness Month, a crucial time to focus on mental health and suicide prevention efforts. Please join us on September 17 from 12pm-1pm for "Talk Saves Lives: An Introduction to Suicide Prevention". Visit pg. 5 to register and learn more. Also, this October, be on the lookout for an invite to a Healthy Food Potluck! Bring your favorite healthy dish to share and discover new recipes that will inspire your wellness journey. More details to come in the next HR newsletter and on our HR Campus page!

Salve is a new sponsor of the Citizens Pell Bridge Run: As part of this exciting partnership, we're offering all employees a special discount to sign up for the event. Six lucky participants will also be randomly selected to have their registration fees refunded! For more information about how this works and how to take advantage of this discount, please visit [pg. 6](#).

New TIAA Representative: Virtual and in-person counseling appointments are now available with TIAA representative, **Timothy Nolan!** Timothy will be available to meet individually with employees, by appointment, in [Stonor Hall on Wednesday, September 11](#). To schedule an appointment, please visit [pg. 7](#)

Chronicle Festival 2024: The Chronicle is hosting a three-day event to discuss how today's trends and decisions will shape the future for higher education. To participate and register, please visit [pg. 8](#)



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Welcome New Hires!



Elizabeth Dunsmore
Program Manager for
Student Leadership
Development,
Office of the Dean of
Students



Sarah Holch
Clinical Counselor,
Office of Counseling
Services



Elizabeth Norton
Senior Clinical Counselor,
Office of Counseling
Services



Christian Lawber
Systems Administrator I,
Office of IT/Network
Services



Michael Dotolo
Academic Technology
Support and Training
Specialist,
Office of IT/Technology
Services Center



Julia Koeppen
Associate Director of
Technology Service
Center,
Office of IT/Technology
Services Center



Gerald Castano
Project Manager,
Office of IT/Project
Management



Daniel Smith
Public Safety Officer/EMT,
Office Public Safety



Jordan Duffy
Public Safety Officer/EMT,
Office of Public Safety



Welcome New Hires Continued!



Jean Ann Helger
Assistant Professor,
Nursing



Jenna Boyle
Lecturer,
Nursing



Anna Matos-Mournighan
Visiting Assistant Professor,
Healthcare Administration (grad.)



Christine Ramsay
Visiting Assistant Professor,
Biology and Biomedical Sciences



Anna Oliveri
Assistant Professor,
Education



Benjamin Hohman
Assistant Professor,
Religious and Theological Studies



Abigail Kojoian
Visiting Lecturer,
Mathematical Sciences



Mary Anderson
Professor/The David &
Carolyn Brodsky Chair in
U.S Constitutional
Democracy & Culture,
Political Science



Shelly Nicholas
Lecturer,
Business and Economics



Welcome New Hires Continued!



William Lawler
Head Coach, Men's
Soccer
Office of Athletics



Emily Ghaussy
Athletic Trainer,
Office of Athletics



Emily Timmins
Compass Advisor,
Compass Center for
Advising, Career, and Life
Design



Molly Tempesta
Area Coordinator,
Office of Residence Life

Community Friendship Program!

Introducing Salve Regina University's Community Friendship Program!

We are thrilled to announce the launch of Salve Regina University's **first-ever Community Friendship Program!** This unique initiative is designed to foster cultural exchange, enhance student engagement, and provide crucial support to our international students during academic breaks and weekends.

Program Goals:

- **Cultural Exchange:** Create enriching opportunities for students to share and learn from diverse cultural experiences.
- **Community Involvement:** Strengthen the bond between Salve Regina's community and international students by building meaningful connections.

Get Involved:

- **For Students:** This is your chance to connect with local families, experience life in the community, and share your own culture!
- **For Hosts:** Open your home and heart to an international student and be a part of their journey at Salve Regina University.

Program Details:

- **Volunteer-Based:** CGEF staff and student workers will lead the program, ensuring a supportive and enriching experience for all participants.
- **Application Process:** Interested students and hosts/host families are encouraged to review more information and apply [HERE](#) ASAP and will be matched based on shared interests, cultural practices, and more. Deadline to submit your application is the end of October. Matches will be finalized mid-November!

Expectation & Time Commitment:

- Hosts commit to hosting 1 or more international students for 1-2 excursions or home visits per semester. Examples include: Meet for Coffee, Go for a walk, Visit a Local Site, Attend a local event, Host a holiday meal or meal at home.

Join Us in Building a Global Community: Whether you're a student eager to immerse yourself in local culture or an individual/family ready to share your traditions, the Community Friendship Program is your opportunity to create lasting memories and friendships.



The Employee Health Hub

Employee Health Hub!

Wellness encompasses several key pillars that are interconnected and contribute to overall wellness. The pillars are: **physical, intellectual, mental, emotional, social, spiritual and financial**. Taking care of each aspect helps create a balanced and fulfilling life! Check out the wellness activities related to these pillars right here in the Employee Health Hub.

Health & Wellness activities and benefits offered by Salve Regina and our vendors!



An Introduction to Suicide Prevention

Please join us for this upcoming Faculty and Staff Lunch & Learn: *Talk Saves Lives: An Introduction to Suicide Prevention*
Tuesday, September 17 from 12pm—1pm

Presented by Kerrie Constant, American Foundation for Suicide Prevention

September is recognized as Suicide Prevention Awareness Month, a crucial time to focus on mental health and suicide prevention efforts. Gaining awareness, as an individual, is a critical component in building a supportive community where faculty, staff and students can find help and hope. **Talk Saves Lives: An Introduction to Suicide Prevention** covers the scope of this leading cause of death, what the research has found to be the warning signs and risk factors of suicide, and the strategies that prevent it.

Click [here](#) to register for the event and for additional information



Join your colleagues at the *Aquidneck Growers Market* in Newport, RI
September 25, & October 23

The market is held every Wednesday on Memorial Blvd. between Chapel St. & Edgar Ct. from 2—6pm through October 30. Gather with coworkers outside Miley at 4:45pm once a month on the specified dates above for a group walk, or feel free to drive! For a list of summer market vendors, [click here](#).

HUB/Baystate Fiduciary Advisors, is offering free educational webinars this September



Salve's 403b plan fiduciary advisor!

Get On Track With Your Finances Educational Webinar—[Register Now](#)
Tuesday, September 10 from 12pm - 12:30 pm

Join us for a webinar to learn more about how to Get On Track With Your Finances.

Your Financial Future Educational Webinar—[Register Now](#)
Thursday, September 26 from 12pm - 12:30 pm

Join to learn about your Financial Future.



Hit Your Stride

October 9—October 29

An individual walking challenge is coming soon! Registration opens October 2 in the Harvard Pilgrim Living Well Health Portal. There will be a leaderboard for friendly competition, as well as a way to message and chat with people in the challenge! More information will be available in the October Newsletter as well as on the [HR Campus Page!](#)

Helpful Resources

[Harvard Pilgrim Living Well Health Portal](#)

[How to access Harvard Pilgrim's Living Well Portal](#)

[Wellness Reimbursement form](#)

[Newport Fitness Partnerships](#)

Questions? Please contact Caitlin McNulty at caitlin.mcnulty@salve.edu or ext. 2165



The Employee Health Hub



Citizens™ PELL BRIDGE RUN

Sunday, October 20 at 7:15am

REGISTER HERE

Starting in Jamestown and finishing in downtown Newport, this point-to-point event is open to runners and walkers of all ages and speeds! The 4-mile road race, and walk, is the only day of the year pedestrians are permitted to cross the famous Newport Pell Bridge. 100% of net proceeds from this event will go to support local nonprofit organizations through the Rhode Island Turnpike and Bridge Foundation. Gather your friends and family for a day of fun, fitness and stunning views!

ATTENTION FACULTY AND STAFF:

We're thrilled to announce that Salve Regina is now a sponsor of the Citizens Pell Bridge Run!

As part of this exciting partnership, we're offering employees and their family members a special discount to sign up for the event.

Here's How it Works:

- ⇒ **Exclusive Discount:** Employees can receive a 10% discount on their registration fee for the road race.
- ⇒ **Chance to Win a Refund:** Six lucky participants will be randomly selected to have their registration fees refunded. The date of the raffle is TBD. Participants will get a separate email announcing that date.

How to Take Advantage:

- ⇒ **If You've Already Signed Up:** No worries! Simply email Caitlin McNulty at caitlin.mcnulty@salve.edu with your name and let her know if any additional family members have also signed up. You'll still be eligible for the discount and the chance to win a refund.
- ⇒ **If You Haven't Signed Up Yet:** Click the "Register Here" button above or scan the QR code to receive your special employee discount. Email Caitlin McNulty at caitlin.mcnulty@salve.edu with your name and let her know if any additional family members have also signed up. Online registration ends October 16!



We hope you're as excited as we are about this opportunity. Don't miss out on the chance to be a part of this event and potentially have your registration fee refunded! If you have an interest in meeting up with colleagues on race day, please email caitlin.mcnulty@salve.edu.

Salve employees will have the ability to log 200 pts in the Harvard Pilgrim Living Well Portal on the day of or after the event takes place. Employee's family members and Salve students can sign up with the discount but will not be eligible to enter the raffle for a refund.



The Employee Health Hub Continued

Employee Health Hub!

Health and Wellness activities offered by our trusted vendors!



Harvard Pilgrim Free Webinar Series!

Harvard Pilgrim’s well-being programs are here for you when you need them the most. All sessions are now available to everyone through the [Living Well at Home](#) programs. All classes are at no cost to you and easy to access via Zoom.

Click the links below to view details on each webinar and to join!

[Wellness Wednesdays | 1:00—1:30pm](#)

Healthy Habits to Get the Most Out of Every Moment

A four session series. Click the link above for more information.

- ◇ **September 4:** (Session 1) A brain built to last
- ◇ **September 11:** (Session 2) Forging strong and lasting connections.
- ◇ **September 18:** (Session 3) Befriending your body, even when it’s having a bad day
- ◇ **September 25:** (Session 4) Enjoying your purpose-driven life to the fullest.

[Fitness Thursdays | 1:00—1:30pm](#)

September 5, 12, 19, & 26—Qigong



Free Live and On-Demand Webinars

Coastline EAP offers live weekly wellness sessions to help you boost your emotional health and wellness. All classes are evidence-based and designed to help you engage your body’s natural relaxation response.

[Live Wellness Sessions](#) (times may vary)

- ◇ **Sept 5:** Intro to the EAP
- ◇ **Sept 17:** Chair Yoga
- ◇ **Sept 19:** Reset & Refresh: Mindful Movement and Breathing

September’s featured Webinar—

Please login and navigate to the Webinar Center to view the topic below!
[Putting Out The Fire: Preventing and Managing Burnout](#)

[Coastline EAP Newsletter](#)

Short articles on a variety of work-life topics this month:

- ◇ Intervene to Manage Financial Stress
- ◇ Mentally Prepare for a Better Day
- ◇ Back to School: Preventing Bullying at School
- ◇ Small Habits with Big Benefits

A library of on-demand webinars are always available through the [NEW Coastline EAP website](#). For further understanding of the EAP benefit and its their services view the [Coastline EAP Video](#).



TIAA Live Webinars

Virtual and in-person counseling appointments are now available with TIAA representative, **Timothy Nolan**! Timothy will be available to meet individually with employees, by appointment, in Stonor Hall on **Wednesday, September 11**. To schedule an appointment, [click here](#) or scan the QR code.



All Salve employees are invited to attend webinars offered through [TIAA’s virtual environment](#). Explore TIAA’s new Webinar Lounge featuring monthly webinars, both pre-recorded and live! These informative, interactive workshops will give you strategies and tactics to help you achieve your financial and retirement goals.

TIAA webinars and virtual 1-on-1 meetings can be logged as 200 points on the [Harvard Pilgrim Living Well portal](#).

Questions? Please contact Caitlin McNulty at caitlin.mcnulty@salve.edu or ext. 2165



Chronicle Festival 2024: Live Virtual Professional Development Event

Chronicle Festival

→ The Road Ahead to 2035

How will today's trends and decisions shape the future?

Join us in an exploration of ideas shaping higher education on the road to 2035.

Live Virtual Event
September 10-12, 2024

[REGISTER](#)

Discovery. Dialogue. Direction.

Agenda at a glance

DAY 01

[SEE AGENDA →](#)



The Students of 2035

A declining traditional-age student population. Rising mental-health concerns. A challenging classroom environment. Colleges face a variety of issues that will shape how they enroll, educate, and support students during the next decade. Day 1 will explore ways to adapt, hearing from authors, professors, and college leaders.

DAY 02

[SEE AGENDA →](#)



Higher Ed of 2035

How should higher ed change to serve the America of 2035, to better help students support a fragile democracy and a society reshaped by emerging technologies? Day 2 of the festival, *Chronicle* journalists will talk with students, an interfaith leader, a technology innovator, and others about these issues.

DAY 03

[SEE AGENDA →](#)



The Work Force of 2035

What does it take for colleges to produce graduates for the work force of tomorrow? And how does it operate in a landscape with a growing number of viable and valuable postsecondary opportunities? Day 3 will include a variety of voices weighing in on these questions.



Salve Staff's 2nd Annual Tailgate

Salve Staff's 2nd Annual TAILGATE

Friday, Sept. 6th
from 4:30-6:00



Celebrate Salve's first home Football game of the season with us! The Staff Advisory Council will be providing hotdogs, burgers, and light refreshments for Salve Staff Members. Feel free to bring friends and family. Transportation (via shuttle) to the game will be available!

BRING YOUR OWN BEVERAGE

Questions? Email Becca at:
rebecca.sao@salve.edu

**McKillop Picnic Area
(By the back parking lot)**

Sponsored by Staff Advisory Council



Mercy Week!



SALVE REGINA
UNIVERSITY



Mercy Week

September 22-29, 2024

Immigration

salve.edu/mercy-week

Mercy Week Schedule

Mercy Week

September 22 - 29, 2024

Mercy Day, September 24th &
Catherine McAuley's Birthday, September 29th

- Sunday, 9/22:** Mass with Bishop Richard Henning
- Monday, 9/23:** Faith and Food with Dr. Yvan Ilunga
- Tuesday, 9/24:** Mercy Tea: Sharing Stories in Community
- Wednesday, 9/25:** McAuley Day (shh! it's a surprise for students!)
- Thursday, 9/26:** Mercy Histories in Newport with Dr. John Quinn
- Friday, 9/27 - Sunday, 9/29:** Fall Festival Weekend
- Sunday, 9/29:** Mercy Week Mass

salve.edu/mercy-week





Mercy Tea



MERCY TEA

SHARING STORIES IN COMMUNITY



What is the story of your migration journey? Join members of our Salve community who will celebrate the Mercy Critical Concern of **Immigration** and share their migration stories. Stay for the homemade treats and a “comfortable cup of tea.”

*Have a homemade sweet or savory treat that helps tell your journey story?
Let us know when you register!*

24
SEPTEMBER
2024

**OCHRE
COURT**
1:00 -
2:00 PM



 **Mercy Week**
Celebrate Our Mercy Heritage and Community

SALVE.EDU/MERCY-WEEK



Mercy Commons—Open House



Mercy Commons

located in the lower level of the Chapel
the home of

Center for Community Engagement & Service
&
Center for Spiritual Life

Open House

Thursday, September 26
2:15pm - 3:15pm

immediately following Sabbath Time at 1:45
come for Sabbath Time and stay for treats





Faculty Lecture Series



Banned Books Week Keynote & Discussion with Victoria Gonzales, Ph.D.



Tuesday, September 24, 4:00pm
McKillop Library, First Floor
<https://salve.libcal.com/event/12568502>

Join us in celebrating Banned Books Week with a keynote and discussion of America's most banned book of 2023, *Gender Queer*, a graphic memoir by Maia Kobabe. The memoir is a reflection of the author's journey to find their identity in a gender-binary world where nothing feels quite right. Dr. Gonzales will present on the "why" of book bans in the US, the contents of the books that are banned and the themes throughout Kobabe's book. We will then engage in a discussion about the book and its impact on each one of us. *Gender Queer* is available at the McKillop Library, as well as many public libraries in the area!



John Quinn, Ph.D.
Professor & Department Chair, History

While the Sisters of Mercy are best known in Newport for sponsoring Salve Regina, they had been ministering in the city for almost a century before establishing the college. The first nuns to come to Newport, they arrived in 1854 to run St. Mary's grammar school. In the years following, they established a high school at St. Mary's, a grammar school in the Fifth Ward at St. Augustin's, and the Mercy Home and School, an orphanage in the city's north end. By the time Salve Regina opened in 1947, most Newport residents were very familiar with the Sisters of Mercy and well-disposed toward them.



Thursday, September 26, 4:00pm
McKillop Library, First Floor
https://salve.libcal.com/calendar/events/lecture_sep



Annual Collectible Flag

2024 Salve Nautical Flag - Annual Collectible



New design! The 2024 Salve nautical burgee is available when you support **The SALVEfund** or Scholarships. This fall, make a gift of **\$25 or more** and receive a 12x18 nylon flag with our thanks.

Even better, become a monthly recurring donor* of any amount and receive the new collectible flag!

Thank you for supporting our students and showing your Salve pride!

*Faculty/Staff with active payroll deductions will receive a flag in thanks for their ongoing commitment. Call x2902 for details. Thank You!

salve.edu/annual-collectible



Office of Human Resources
Stonor Hall
Salve Regina University
100 Ochre Point Avenue
Newport, RI 02840

Phone:
(401) 341-2154

E-mail:
sarah.trefethen@salve.edu

Important Dates

- September 5 (Thursday) **Fall Classes Begin**
- September 6 (Friday 4:30—6pm) **Salve's Staff 2nd Annual Tailgate**, *McKillop Picnic Area*
- September 10-12 (Tuesday—Thursday) **Chronicle Festival: The Road Ahead to 2035**, *Online*
- September 12 (Thursday 12-2pm) **Employee Appreciation Social**, *Ochre Court Lawn*
- September 14-15 (Saturday—Sunday) **Sophomore Studio**
- September 17 (Tuesday 12—1pm) **Faculty and Staff Lunch and Learn—"Talk Saves Lives: An Introduction to Suicide Prevention"**
- September 22-29 (Sunday—Friday) **Mercy Week**, *Immigration*
- September 24 (Tuesday 1-2pm) **Mercy Tea**, *Ochre Court, State Dining Room*
- September 24 (Tuesday 4-5:30pm) **Banned Books Week Keynote & Discussion with Dr. Victoria Gonzalez**, *McKillop Library, First Floor Atrium*
- September 26 (Thursday 2:15—3:15pm) **Mercy Commons Open House**, *Lower Level of the Chapel*
- September 26 (Thursday 4—5:30pm) **Faculty Lecture Series: John Quinn, Building Bridges: Mercy Ministries in Newport since 1854**, *McKillop Library Atrium*
- September 27—29 (Friday—Sunday) **Fall Festival Weekend 2024**
- October 1 (Tuesday) **TEP Applications are due to the Office of Human Resources**
- October 14 (Monday) **Indigenous Peoples Day—Holiday**
- October 24 (Thursday 9am—12pm) **New Employee Orientation**, *Location TBD*